

TREATMENT MENU



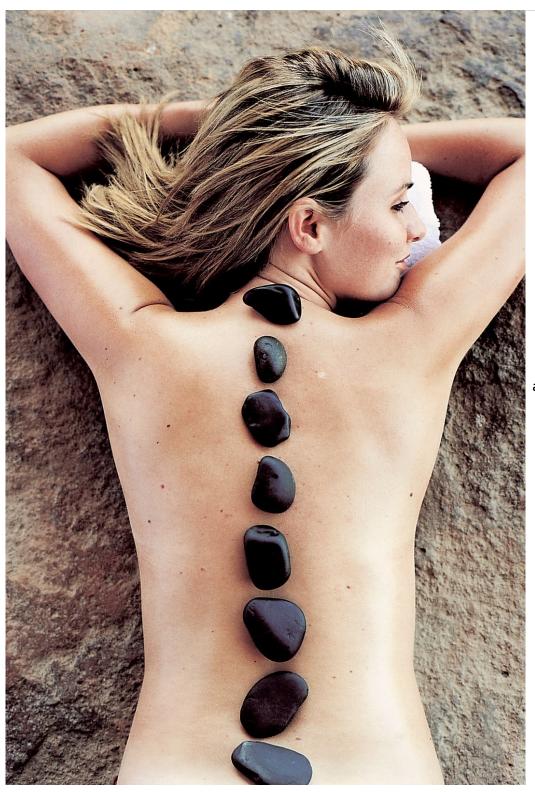
WELCOME TO THE LAZY GRAPE DAY SPA

The Lazy Grape Day Spa is an intimate day spa, set in a country-like atmosphere, where we use quality spa products and give attentive service.

We are located in Benoni, and offer a haven away from the hustle and bustle of everyday life.

From the moment you arrive at The Lazy Grape Day Spa, until the moment you depart, you are guaranteed to receive warm and friendly service from our professional spa team.

Whether you are joining us for one treatment, a day, or a weekend of indulgence, let us take your mind off your worries, and enjoy some "Me time". Bring a partner, a friend or a group of friends.



MOSSOGE COLLECTION

De- Stress Massage

Medium pressure massage using Swedish Massage Techniques.

R230.00 - 30 minute Back, Neck & Shoulder Massage

R430.00 - 60 Minute Full Body Massage

Aromatherapy Massage

A gentle massage using specially blended essential oils to bring a sense of calm and well being.

R280.00 - 30 minute Back, Neck & Shoulder Massage

R480.00 - 60 Minute Full Body Massage

Hot Stone Massage

This massage uses water heated Basalt stones placed on specific areas of the body to ease stress and melt any tension away. Your therapist will hold heated stones as they massage your body using Swedish massage techniques.

R280.00 - 30 minute Back, Neck & Shoulder Massage

R480.00 - 60 Minute Full Body Massage

Candle Massage

The molten wax of an aromatic soy candle to ease tension and leave you feeling relaxed.

Various Fragrances available.

R280.00 - 30 minute Back, Neck & Shoulder Massage

R480.00 - 60 Minute Full Body Massage

Deep Tissue Massage

Deep tissue massage involves applying firm pressure and slow strokes to reach deeper layers of muscle and fascia. It is used for chronic aches and pain and contracted areas such as a stiff neck and upper back, low back pain, leg muscle tightness, and sore shoulders.

R300.00 - 30 Minute Back, Neck & Shoulder Massage **R550.00** - 60 Minute Full Body Massage

MOSSOGE COLLECTION

Head, Neck & Shoulder Massage

Massage of the scalp, neck and shoulders using Indian Head Massage techniques, Shiatsu pressure points and aromatic oils.

R230.00 - 30 minutes

Pregnancy Massage

A massage that focuses on the special needs of the mother-to-be. It enhances the function of muscles and joints, improves circulation and relieves mental and physical fatigue.

R280.00 - 30 minute Back, Neck & Shoulder Massage

R430.00 - 60 Minute Full Body Massage

Sports Massage

Used to help prevent injuries, to prepare the body for athletic activity and maintain it in optimal condition, and to help athletes recover from workouts and injuries. Sports massage has three basic forms: pre-event massage, post-event massage, and maintenance massage.

R300.00 - 30 minute Back, Neck & Shoulder Massage

R550.00 - 60 Minute Full Body Massage

Reflexology Foot Massage

Includes an aromatic foot soak and exfoliation.

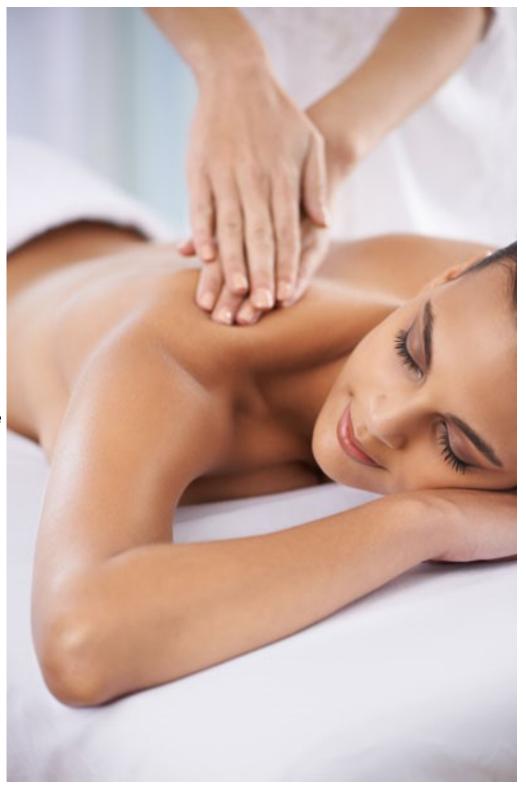
A combination of Classic Foot Massage & Reflexology points are used.

R250.00 - 30 minutes

Lazy Grape Signature Massage

This 75 minute massage includes a back & foot exfoliation, as well as an Aromatic Scalp Massage. The whole body is massaged with a specially blended aromatherapy oil. We customize the massage by finding out your areas of tension and focus on those areas.

R500.00 - 75 minutes





BODY COLLECTION

Sugar Glow

Remove dead skin and improve circulation using a Sugar Scrub to reveal smooth, silky skin.

Includes an application of body butter

30 minutes - R200.00

Kalahari Salt Glow

Remove dead skin and improve circulation using Matsimela Kalahari Salt Scrub to reveal smooth, silky skin. Includes an application of body butter

30 minutes - R200.00

Body Wraps

Various Body Wraps Available: Nourish, Muscle Ease, or Detox.

Includes Full body exfoliation, application of chosen body wrap, a relaxing scalp massage and a full body application of Body Butter

60 minutes - from **R400.00**

Bath Treatments

Soak your stress away!

Whether you need to relax, detox or de-stress we have a bath treatment available for you.

30 minutes - **R350.00**

Back Cleanse & Relax

A "Facial" for the back. Cleanse, Tone, Exfoliation & Purifying Mask followed by a warm oil

Back, Neck & Shoulder Massage

45 minutes - R350.00

RELAXATION FACIOLS

Matsimela Express Aloe Relaxation Facial - 30 minutes

Cleanse, Tone, Exfoliate, Facial Massage, Mask, Moisturize **R250.00**

Matsimela Classic Aloe Relaxation Facial - 45 minutes

Cleanse, tone, exfoliate, mask, hand massage, facial massage and moisturize and scalp massage **R350.00**

Dermaplex Intensive Relaxation Facial - 60 minutes

Cleanse, tone, exfoliate, facial massage, skin specific mask, relaxing hand & foot massage, moisturize & scalp massage. Includes a complimentary brow wax or tint

R450.00

Dermaplex Deep Cleanse Facial - 45 minutes

Cleanse, tone, exfoliate, extractions, facial massage, purifying mask, hand massage, moisturizer R400.00





BEOUTY COLLECTION

Waxing & Tinting

Brow/Lip/Chin	R65.00 each
Brow Tint	R65.00
Lash Tint	R75.00
Brow & Lash Tint Combo	R120.00
1/2 Arm Wax	R120.00
Full ArmWax	R180.00
1/2 Leg Wax	R150.00
3/4 Leg Wax	R1 75.00
Full Leg Wax	R 200.00
Underarm Wax	R 80.00
Basic Bikini Wax	R100.00
*Brazilian Wax	R150.00
*Hollywood Wax	R 200.00
Back Wax	From R150.00
Chest Wax	From R150.00

^{*}By Appointment Only

Caribbean Tan

Get that sun-kissed glow without the harmful effects of the sun.

Spray Tan **R300.00**

Spray Tan with exfoliation R400.00

Course of 3 Spray Tans R750.00

HOND COLLECTION

Express Manicure

Soak, Exfoliate, Cuticle work & Filing of nails, Nail Varnish of your choice & application of hand cream R150.00

Spa Manicure

Soak, Exfoliate, Cuticle work & Filing of Nails, Hand massage, Nail Varnish of your choice & Cuticle Oil **R180.00**

Lazy Grape Signature Manicure

Aroma Soak, Exfoliate, Cuticle work & Filing of Nails, Hand Mask, Warm Shea Butter massage of the Hands & Arms, Nail Varnish of your choice & Cuticle Oil

R230.00

Gel Polish Manicure

Soak, Exfoliate, Cuticle work & Filing of Nails, Hand massage, Gel Polish of your choice & Cuticle Oil **R230.00**

Hand Treatment

Soak, Exfoliate, Hand Mask, Hand & Arm Massage **R200.00**

Manicure Upgrades

Paraffin Dip

R75.00

Hand Mask

R50.00

Kindly inform us if you currently have gel or acrylic on your nails that needs to be removed as this does require additional time and a fee of **R70.00**





FOOT COLLECTION

Express Pedicure

Soak, Exfoliate, Cuticle work & Filing of nails, Nail Varnish of your choice & application of foot balm **R180.00**

Spa Pedicure

Soak, Exfoliate, Filing of feet, Cuticle work & Filing of nails, Foot Massage, Nail Varnish of your choice & Cuticle oil R230.00

Lazy Grape Signature Pedicure

Soak, Exfoliate, Filing of feet, Cuticle work & Filing of nails, Foot Mask, Warm Shea Butter Foot & Calf Massage, Nail Varnish of your choice & Cuticle oil.

R280.00

Gel Polish Pedicure

Soak, Exfoliate, Filing of feet, Cuticle work & Filing of nails, Foot Massage, Nail Varnish & Cuticle oil

R280.00

Foot Treatment

Soak, Exfoliate, Foot Mask, Foot & Leg Massage **R230.00**

Pedicure Upgrades

Paraffin Dip **R75.00**

Human-Kind Foot Peel

R100.00

Foot Mask **R50.00**

Kindly inform us if you currently have gel or acrylic on your nails that needs to be removed as this does require additional time and a fee of **R70.00**

BROW COLLECTION

Microblading

Microblading is a semi-permanent technique used to create the illusion of fuller brows.

Book a Free consultation to find out more.

1st Session

R1200.00

Touch up

R500.00

If any following touch-ups are required R450.00

Any touch ups on another artists work **R700.00**

Annual Touch Up

R750.00

Henna Brows

This is a form of tinting that uses Henna to stain the skin and the brow hairs. The stain on the skin can last from 5 to 14 days and the stain on the hair lasts from 4 to 6 weeks. This gives your brows a more defined and full look. Henna is organic and suitable for sensitive skin and eyes. This service includes brow mapping and a brow wax

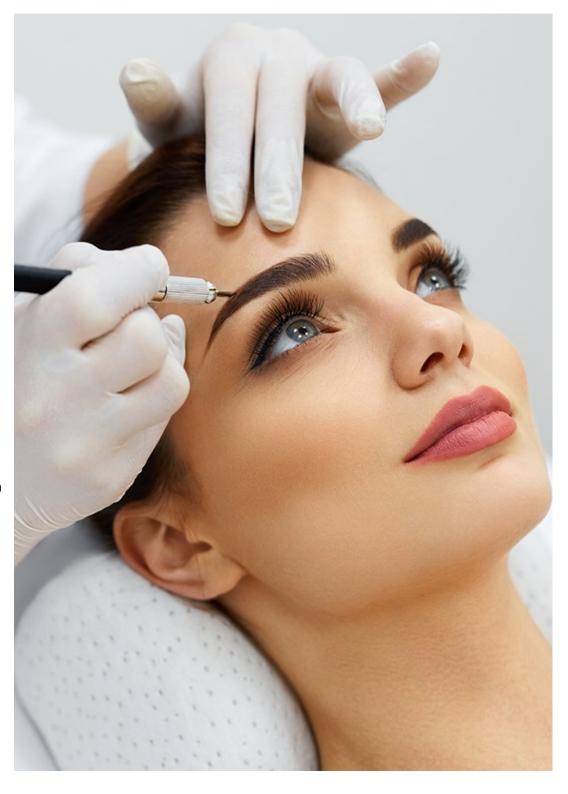
R250.00

Henna Lashes

R150.00

Henna Brow & Lash Combo

R350.00





SPA PACKAGES

Lazy Grape Signature Package (3.5 hours)

Salt Glow, Bath Treatment of your choice, Full Body Aromatherapy Massage, Hand & Foot Treatment and Intensive Relaxation Facial

R1300.00 per person

Champagne Package (3 hours)

Sugar Glow, De-Stress Full Body Massage, Classic Relaxation Facial, Spa Manicure & Spa Pedicure

R1100.00 per person

Merlot Package (2 hours)

De-Stress Full Body Massage, Express Relaxation Facial & Foot Treatment

R750.00 per person

Rosé Package (1.5 hours)

De-stress Back, Neck & Shoulder Massage, Express Pedicure & Express Relaxation Facial **R550.00 per person**

Mother-to-be Package (2.5 hours)

Full Body Pregnancy Massage, Classic Relaxation Facial and Spa Pedicure

R800.00 per person

Lazy Grape Escape (1.5 hours)

De-stress Back, Neck & Shoulder Massage, Head, Neck & Shoulder Massage & Foot Treatment **R600.00 per person**

Couples Retreat

3 Course Dinner, Bed & Full English Breakfast, De-stress Back, Neck & Shoulder Massage

R1900.00 per Couple (Superior/ Vineyard Suite) R1700.00 per Couple (Deluxe Suite)

All Spa Packages include a welcome drink and muffin. Breakfast & Lunch available on request.

Group bookings welcome.

SPO POLICIOS

Opening Hours:

Tuesdays to Friday – 08h30 – 17h00 Saturdays – 08h00 – 15h00 Sundays – 09h00 – 12h00 Mondays – CLOSED

- Booking in advance is recommended.
- Please arrive 15 minutes prior to your scheduled appointment to fill out a consultation formand enjoy your welcome drink.
- We kindly request punctuality. Late Arrival will result in a reduction in treatment time whilst the full treatment fee will apply.
- A 50% non-refundable deposit is required to secure your booking. If you do not arrive for your scheduled treatments your deposit will be forfeited.
- Please note that we have a 24 hour cancellation policy.
- Please informus at the time of booking of any medical conditions that may affect your treatment.
- The Lazy Grape Spa is an adult facility, for persons age 16 and over.
- Bridal Packages, Girls Day Out Packages, Matric Farewell Packages, Bachelorette Parties, Kitchen Teas, Year End Functions, Baby showers & Customized Packages can be arranged. Group Bookings welcome.
- Spa Gift Vouchers available.

