

massages facials body wraps exfoliation

Lazy Grape DAY SPA

The Lazy Grape is an intimate Day Spa, set in a country-like atmosphere, nestled in the heart of Benoni.

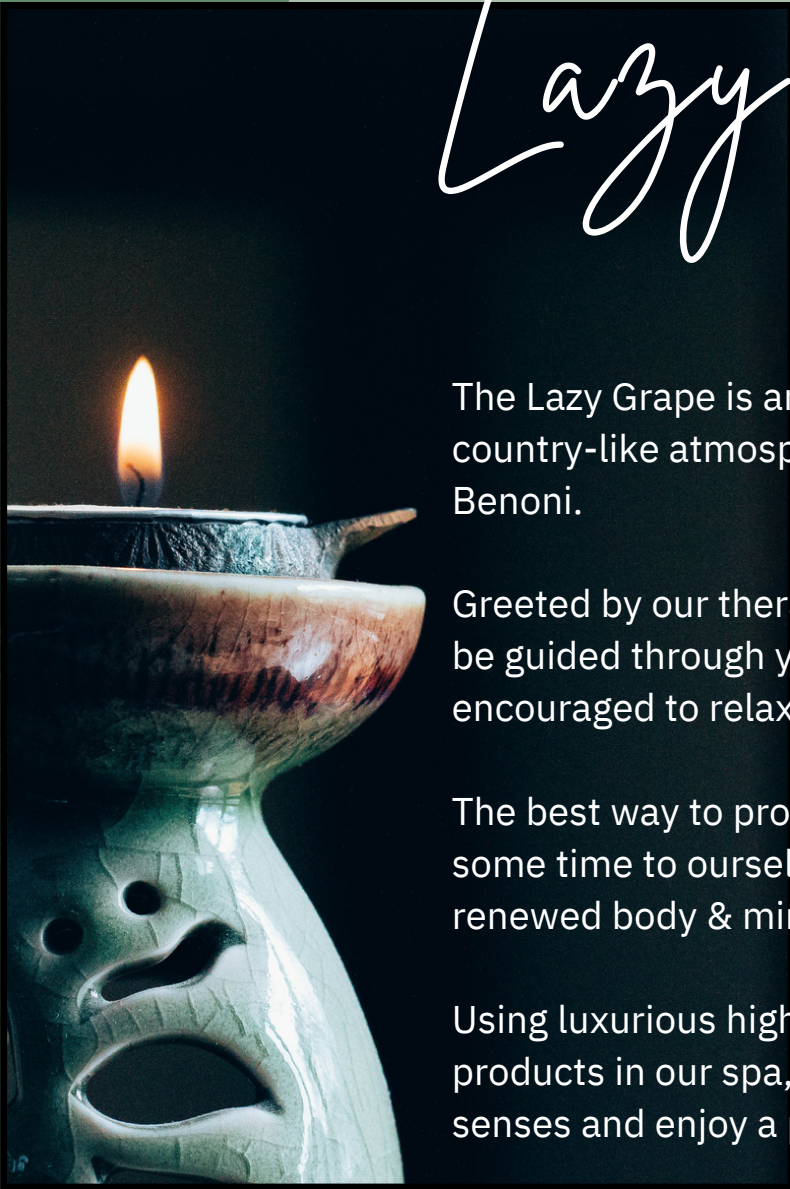
Greeted by our therapists and wellness team, you will be guided through your booked treatment and encouraged to relax from the moment you arrive.

The best way to promote our wellbeing is to have some time to ourselves, while achieving radiant skin, renewed body & mindfulness.

Using luxurious high-quality natural & organic products in our spa, we are sure to enlighten the senses and enjoy a purely memorable experience.

Together with our holistic & therapeutic spa treatments, we can support our skin and bodies healing ability with lasting benefits that make you feel at ease, relaxed & cared for.

manicures pedicures waxing tinting spa packages



Facial Collection

Skin Creamery

Skin Creamery is a natural and organic product made locally. This luxury product simplifies skincare while also being environmentally conscious. Skin Creamery is an award winning multi-functional product, that treats the skin from within to get targeted results.

Nourishing Facial

A luxury treatment for your skin that delivers instant skin rejuvenation and hydration, leaving your complexion fresh and radiant.

60mins / R450

Clarifying Facial

Give your pores a much needed cleanse, while infusing nutrients and moisture back into the skin to help keep your face feeling healthy.

60mins / R450

Regenerating Facial

Enriched with Acmelia Flower, this anti-aging facial delivers restorative and regenerating properties into the skin. Visibly reduces and diminishes fine lines and wrinkles, while enhancing the skins density and suppleness.

60mins / R450

Remineralising Facial

Using organic products and gentle techniques, this face treatment will help to de-sensitize and calm your skin, by reducing redness and aiding in inflammation caused by irritants.

60mins / R450

Express Facial

For those on-the-go but need a results orientated facial, this facial is perfectly customized to your skins needs.

30mins / R300





Facial Collection

ESSE Organic Facial

Esse Skincare is an organic and probiotic face product that optimises skin health for long term results. Esse is a certified organic, vegan and cruelty free brand, locally manufactured and uses sustainable farming for all of their ingredients. Rewild your skin with a luxury facial treatment.

Hydrating Facial

Our results driven facial created to give your skin a burst of hydration and much needed moisture. The skin is smooth, refined and healthy.

60mins / R500

Deep Cleanse Facial

Purify your pores naturally to remove blackheads and congestion from within the skin. Lifting dead skin cells and providing a smooth, even texture.

60mins / R500

Correcting Facial

Reduce the appearance of pigmentation and brighten the skin with our stimulating and gently exfoliating corrective facial.

60mins / R500

Balancing Facial

Promote an even complexion for oily and combination skin types. Perfectly restore equilibrium to an unbalanced skin using active ingredients and anti-inflammatory properties.

60mins / R500

Anti - Aging Facial

Enjoy the luxury of this indulgent facial created to leave your skin plumped to perfection, glowing and radiant. Together with special techniques, Esse products are designed to slow the aging process, brighten your skin and reduce wrinkles.

90mins / R650



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Massage Collection

Swedish Massage

You will enjoy the hands-on benefits of this light, flowing massage which helps the bodies circulation and relaxation, with an overall sense of well-being.

Back, Neck & Shoulder Massage	30mins / R280
Full Body Massage	60mins / R450

Aromatherapy Massage

Using the Raindrop Technique , the oils will promote deep relaxation and clarity of mind. A soothing, gentle massage with a custom-blend of essential oils. Through sense of smell and touch, this massage restores bodily balance, while significantly reducing stress levels.

Back, Neck & Shoulder Massage	30mins / R300
Full Body Massage	60mins / R500

Hot Stone Massage

Anointing the stones with aroma oils and placing them on specific points of the body harmonises the mind and body. In a firm and rhythmic massage sequence, the stones give up their warmth to tired, stressed muscles, promoting inner peace and tranquillity.

Back, Neck & Shoulder Massage	30mins / R300
	45mins / R400
Full Body Massage	60mins / R500
	90mins / R600

Deep Tissue Massage

A slow, deep and mechanical softening of the tissues. By stretching and applying deep pressure to the affected muscles this allows them to rehydrate and become more pliable. A massage targeting tension and pain.

Back, Neck & Shoulder Massage	30mins / R350
	45mins / R450
Full Body Massage	60mins / R600
	90mins / R700





Massage Collection

Sports Massage

A muscle-relieving massage that is invigorating but also relaxing. It assists in toning and stretching the muscles. A combination of warm oils and pressure will melt away the tension.

Back, Neck & Shoulder Massage	45mins / R400
Full Body Massage	60mins / R600
	90mins / R700

Lomi Lomi Massage

A beloved Hawaiian massage which thoroughly works the muscles using continuous, flowing strokes to encourage the recipient to let go and simply be. It will leave you feeling rejuvenated and inspired.

Full Body Massage	90mins / R700
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Balinese Massage

A combination of Indonesian techniques designed for stress relief, relaxation and rejuvenation by using acupressure, stretching and deep tissue therapies.

Full Body Massage	90mins / R700
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Indian Head Massage

An age-old treatment based on Ayurvedic systems. It allows headaches to slip away, providing a great sense of ease. Indian Head Massage reduces stress and aids in the elimination of toxins. It is also known to relieve sinusitis, congestion and insomnia.

30mins / R250

Reflexology

A therapeutic massage method using acupressure on specific pressure points on the feet, sending relief through the whole body. This truly unique massage will promote bodily functions and aid in the relief of pain. A holistic foot treatment to promote relaxation, relieve stress, unblock bodily congestion and improve circulation, beginning with an invigorating foot scrub and treated with raw body butter.

45mins / R350

Lazy Grape Signature Massage

Starting with an invigorating foot and back salt exfoliation to get the circulation moving, we then work into a full body massage with uniquely blended aromatherapy oils to enhance the senses. Finishing off with a relaxing aromatic scalp massage. This massage is sure put you into a state of calm

Full Body Massage 75mins / R600



Body Collection

Body Exfoliation

Rejuvenating Sugar Glow **30mins / R250**
A reviving, refreshing and gentle exfoliation of the body

Invigorating Salt Glow **30mins / R250**
A relaxing yet intensive full body polish

Intensive Cream Scrub **30mins / R280**
A lusciously hydrating shea butter exfoliation

Himalayan Salt Treat **45mins / R350**
Bring your body back to balance with the application of warm soothing oils, followed by a Himalayan Salt treatment. Relieve stress & fatigue while gently stimulating the body's circulation.

Body Wrap

Espresso Cellulite Wrap **60mins / R400**
Wake up and smell the espresso with our pure signature treat! We begin with a gentle full body dry brush to increase circulation, followed by a Finnish-Inspired Ice treat to increase blood flow. We then exfoliate the affected areas with a coffee infused sugar scrub and wrapping the areas in an espresso clay wrap to provide detoxification and anti-oxidants. Enjoy a foot massage while you wait for the wrap to take affect.

Shea Cocoa Moisture Wrap **60mins / R400**
This lusciously hydrating full body wrap infuses the skin in a warmed shea and cocoa butter. Warm grapeseed oil is then drizzled onto your scalp and gently massaged through while your body drinks in the moisture wrap.

Citrus Detox Wrap **60mins / R400**
Embark on a sensory journey with our aromatic fruity body treatment. Using fruit enzymes to gently slough away the dead skin, followed by a lime and neroli clay body wrap to detox and aid in reducing water retention, during which you will be treated to a choice of a foot massage or scalp massage. Finishing off with an application of organic mango body butter.

Purifying Back Cleanse **60mins / R450**
A facial for your back, specially designed to get it feeling healthy. Starting with an aromatic steam, we will deep-cleanse and exfoliate, followed by extractions. We will then apply a clay-rich masque to remove any impurities. Ending with a wonderfully hydrating back and neck massage.



Manicure & Pedicure Collection

Manicures

Express Manicure **30mins / R180**

For those on-the-go but still need a pamper. A quick clean up of the nails including filing, buffing and cuticle work. Finishing off with an expertly applied paint.

Spa Manicure **60mins / R250**

The perfect choice for those who want a pampering for their hands. This includes a course salt hand soak; exfoliating scrub; nail-work; mango butter hand massage & paint.

Signature Manicure **75mins / R300**

A truly indulgent therapy of the hands. This includes a Himalayan salt soak; exfoliating scrub; nail-work; kaolin clay & crushed herbs mask; mango butter massage & paint.

Four Paws Treatment **60mins / R450**

A balancing treatment that increases circulation & induces relaxation. Spoil your hands & feet with a light exfoliation, a natural clay mask to detoxify & hydrate, finishing off with a relaxing hand & foot massage using our ultra moisturizing body butter.

Pedicures

Express Pedicure **30mins / R200**

For those on-the-go but still need a pamper. A quick clean up of the nails including filing, buffing and cuticle work. Finishing off with an expertly applied paint.

Spa Pedicure **60mins / R280**

The perfect choice for those who want a pampering for their feet. This includes an aromatic Bath Bomb soak; exfoliating scrub; nail-work; rasping; cocoa butter foot massage & paint.

Signature Pedicure **75mins / R330**

A truly indulgent therapy of the feet. This includes an aromatic Bath Bomb soak; exfoliating scrub; nail-work; bentonite clay & crushed herbs mask; cocoa butter massage & paint.

Leg and Foot Treatment **60mins / R380**

For everyone who wishes to give relief to uncomfortable legs & re-discover lightness by being pampered with a draining massage, scrub & wrap on the lower limbs of the body.

Add Ons

Soak Off **R80**
French Application **R50**

Gel Application **R60**
Humankind Foot Peel **R100**





Beauty Collection

Waxing

Brow / Lip / Chin	15mins / R60ea
Full Face	30mins / R200
Underarm	30mins / R90
Half Leg	30mins / R175
Full Leg	45mins / R230
Half Arm	30mins / R130
Full Arm	45mins / R160
Swimsuit Bikini	30mins / R150
Brazilian	45mins / R200
Hollywood	60mins / R250
Back / Chest	60mins / R250

Tinting

Brow Tint	20mins / R80
Lash Tint	20mins / R80
Brow and Lash Combo	60mins / R400

Spa Add Ons

Body Add - Ons

Sinus Treatment	15mins / R90
Scalp Massage	15mins / R90
Foot Massage	15mins / R90
Foot Scrub	15mins / R90

Facial Add - Ons

Aloe/Coffee Eye Slice	15mins / R150
Firming Algae Mask	15mins / R150
Concentrated Booster	15mins / R150
Organic Enzyme Peel	15mins / R100





Spa Packages

Champagne Package

A decadent treat with everything you need to feel spoiled from top to toe. This package includes:

Full Body Sugar Glow
Swedish Full Body Massage
Skin Creamery Facial (customised to your skin concerns)
Spa Pedicure
Spa Manicure
4hrs / R1500

Merlot Package

Live in the moment with our indulgent spa treat. This package includes:

Swedish Back, Neck and Shoulder Massage
Skin Creamery Facial (customised to your skin concerns)
Leg and Foot Treatment
2hrs / R950

Chardonnay Package

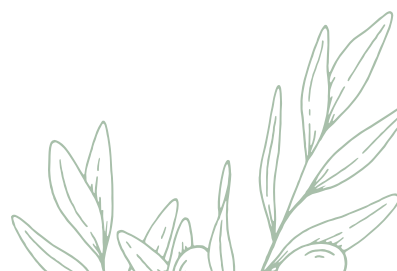
An invigorating full body spoil. This package includes:

Full Body Salt Glow
Deep Tissue Full Body Massage
Shea Cocoa Moisture Wrap
With your choice of a scalp massage or foot massage
2hrs / R900

Rose' Package

For those on the go, but still want to be pampered. This package includes:

Aromatherapy Back, Neck and Shoulder Massage
Express Skin Creamery Facial
Express Pedicure
1.5hrs / R700





Spa Packages

Lazy Grape Signature Package

Relaxation overload with our very special spa experience. This package includes:

Full Body Sugar Glow
Bath Treatment
Aromatherapy Full Body Massage
Esse Organic Facial (customised to your skin concerns)
Hand and Foot Treatment
4hrs / R1500

Couples Retreat Package

Enjoy some time together with our overnight package. This package includes:

3 Course Dinner
Bed and Full English Breakfast
Swedish Back, Neck and Shoulder Massage

R2200 per couple (Deluxe Room)
R2500 per couple (Superior Room)
10% discount on any further treatments booked

Make sure you arrive 15 minutes before treatment time and enjoy a delicious beverage while filling out your consultation card.

We kindly request punctuality. Late Arrival will result in a reduction in treatment time whilst the full treatment fee will apply. Please note that we have a 24 hour cancellation policy.

The Lazy Grape and its therapists will not accept responsibility for adverse reactions or complications before or after treatments. The Lazy Grape is not liable for any theft, damage or loss that may occur.

Spa Gift Vouchers available.

All our body products in the spa are hand crafted to ensure the best quality. We only use raw, unrefined and organic ingredients in all of our products. We do not test on animals and only use sustainable ingredients.

We have a wonderful selection of retail products created inside the spa to compliment your treatment. These are ideal to treat yourself or as a gift to a loved one. These products are customisable to your preference, to promote well-being and achieve natural radiance.

For bookings please call 0607115180 / 0119631422 or email spa@lazygrape.co.za

